

**Township of Huron-Kinloss  
Emergency Preparedness Public Awareness Program**

**Emergency Survival Checklist**

(Three-day supply per person)

- |                          |                                    |                          |   |
|--------------------------|------------------------------------|--------------------------|---|
| <input type="checkbox"/> | Flashlight and batteries           | <input type="checkbox"/> | Clothing and footwear (one change/person) |
| <input type="checkbox"/> | Radio and batteries or crank radio | <input type="checkbox"/> | Blankets or sleeping bags                 |
| <input type="checkbox"/> | Spare batteries                    | <input type="checkbox"/> | Toilet paper and other personal items     |
| <input type="checkbox"/> | First-aid kit                      | <input type="checkbox"/> | Medication                                |
| <input type="checkbox"/> | Candles and matches/lighter        | <input type="checkbox"/> | Backpack/duffel bag (to hold kit)         |
| <input type="checkbox"/> | Extra car keys and cash            | <input type="checkbox"/> | Whistle (to attract attention)            |
| <input type="checkbox"/> | Important papers (I.D.)            | <input type="checkbox"/> | Playing cards, games                      |
| <input type="checkbox"/> | Food and bottled water             | <input type="checkbox"/> | Utensils                                  |

Think of any/all special needs items for your family, such as:

**Babies/Toddlers**

- Diapers
- Bottled milk
- Formula and food
- Toys
- Crayons and paper

**Other Family Members**

- One week's supply of any required medications
- Extra eye glasses
- Batteries for medical appliances
- Extra oxygen cylinder (if required)
- Copies of prescriptions

**Pets**

- Three-day supply of food and water

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### **Emergency Food and Water Supply**

- At least four litres of water per person per day – two for drinking and two for food preparation, hygiene and dish washing
- Water purification tablets
- Canned food: soup, stews, baked beans, meat, poultry, fish, vegetables, fruit
- Pasta
- Crackers and biscuits
- Honey
- Peanut butter
- Syrup
- Jam
- Seasonings
- Sugar
- Instant coffee and tea

Choose ready-to-eat foods that do not require refrigeration. Keep in mind that a cooking source may not be available, depending on the type of emergency. Replace canned and dry goods once per year.

### **Equipment**

- Utensils (forks, knives, spoons)
- Disposable cups and plates
- Manual can opener, bottle opener
- Fuel stove and fuel (follow manufacturer's instructions) – DO NOT use a barbecue indoors
- Waterproof matches and plastic garbage bags
- Pocket knife or multi-tool

### **Car Survival Equipment Kit**

- Shovel
- Sand, salt or kitty litter
- Traction mats
- Tow chain
- Compass
- Cloth or roll of paper towels
- Warning light or road flares
- extra clothing and footwear
- emergency food pack
- axe or hatchet
- booster cables
- ice scraper and brush
- matches and a 'survival' candle in a deep can (to warm hands, heat a drink or as an emergency light)
- methyl hydrate (for fuel line and windshield de-icing)
- flashlight and batteries
- first-aid kit with seatbelt cutter
- blanket (special 'survival' blankets are best)
- road maps
- fire extinguisher

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**Emergency Information**

<b>911 Name, Telephone Number and/or Contact Information</b>	
My name	My phone number
My address	My city
Nearest intersection to my house	
<b>Emergency Telephone Number and/or Contact Information</b>	
Ambulance	Fire department
Police	Hospital
Poison control	Children's hospital
Family doctor	Dentist
Mother's work	Father's work
Other's work	Other relatives
Neighbour	Out-of-town contact person
Out-of-town contact person	Babysitter
Daycare centre	Pre-school
Elementary school	High school
Gas company	Hydro company
Telephone company	Handyman
Electrician	Plumber
Mechanic	Family lawyer
Accountant	Bank or financial advisor
Insurance agent	Landlord
Emergency roadside assistance	Taxi
Bus	Weather reports
Road conditions	Snow removal
Animal control	Disaster clean-up company
Crisis hotline	Social worker
Health department	Tele-health
others	