

The Corporation of the Township of Huron-Kinloss



**BY-LAW**

**2015 - 69**

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Being a by-law to adopt a Concussion Prevention and Management policy  
for the Township of Huron-Kinloss

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**WHEREAS** The Council for the Corporation of the Township of Huron-Kinloss deems it expedient to establish policies;

**WHEREAS** the *Municipal Act S.O. 2001, c 25, Section 5(3)*, as amended provides that a municipal power, including a municipality's capacity rights, powers and privileges under section 9, shall be exercised by by-law;

**NOW THEREFORE** the Council of The Corporation of the Township of Huron-Kinloss enacts as follows:

- 1.0 That The Corporation of the Township of Huron-Kinloss hereby adopts a Concussion Prevention and Management Policy as contained in the attached Schedule "A" to this by-law.
- 2.0 This by-law shall come into full force and effect upon final passage.
- 3.0 This by-law may be cited as the "Adopt Concussion Prevention and Management Policy By-Law".

**Read, Enacted, Signed and Sealed this 21<sup>st</sup> day of September, 2015.**

Original Signed by Mitch Twolan

Mayor

Original Signed by Sonya Watson

Clerk



## Policy & Procedures

Section: 1.0 Facilities

Policy: Concussion Prevention and Management Policy

By-Law:

Date: 27 July 2015

Revision: [Click here to enter text.](#)

### Coverage:

Township of Huron-Kinloss Community Services Department recreation programs.

### Policy Statement:

The Township of Huron-Kinloss recognizes the importance of the health, safety and overall well-being of their program participants and is committed to taking steps to reduce the risk of injury. Research demonstrates that a concussion can have a significant impact on children – cognitively, physically, emotionally and socially.

Township employees, instructors, coaches and volunteers play a crucial role in the identification of a suspected concussion as well as the ongoing monitoring and management of a participant with a concussion. Awareness of the signs and symptoms of concussion and knowledge of return to play policies are crucial in a child's recovery and preventing further complications.

The Township expects that the facilitation of the Concussion Prevention and Management Policy will be a joint effort between the Community Services Department, parents, participants, volunteers and employees. It is not expected that the employees, parents of volunteers will make the determination that concussion/brain injury has occurred, it is their responsibility to remove a participant from the event, as outlined in the procedure below, if the participant shows signs and symptoms listed at the bottom of this page. The Community Services department is also committed to ensuring resources about Concussion Prevention and Management are available at all times.

### Legislative Authority:

### Contents:

The signs and symptoms of a concussion include:

|                                       |                                          |
|---------------------------------------|------------------------------------------|
| Appears dazed or stunned              | Confused about assignments or positions  |
| Unsure of the game, forgets direction | Moves Clumsily                           |
| Can't recall events after hit or fall | Can't recall events prior to hit or fall |
| Answers questions slowly              | Shows mood, behaviour or other changes   |
| Loses Consciousness                   | Headache or "pressure" in head           |
| Nausea or Vomiting                    | Balance problems or dizziness            |
| Double or Blurry Vision               | Feeling sluggish, hazy, foggy or groggy  |

Sensitivity to light and/or noise  
Not “feeling right” or “feeling down”

Concentration of Memory Problems  
Confusion

### **Procedure for suspected concussion or brain injury**

1. When a coach, official, employee or parent suspects a participant of having a concussion/brain injury, the student will be removed from participating in the event or activity.
2. Once removed from the event, the participant should seek medical attention at a local medical center (South Bruce Grey Medical Center located in Kincardine) by transportation from a parent/guardian or by ambulance.
3. When a participant is diagnosed by a medical doctor as having a concussion, the individual must stop participating in all Township of Huron-Kinloss recreational activities until written permission is given by a medical doctor.

The Township of Huron-Kinloss, Department of Community Services encourages the prevention of concussions. This includes:

- Education on safe activities and rule enforcement
- Encouraging the proper use of protective equipment such as helmets
- Limiting contact during sports programs (when appropriate for the sport)
- Banning or limiting the use of certain drills or techniques to help reduce the chances of injury