



EMERGENCY INFORMATION AND 72 HOUR KIT CHECKLIST



Emergency numbers

Fire, police, ambulance: 9-1-1

Non-emergency numbers

Police: 1 888 310-1122 Fire: 519-395-3735 Poison control: 1 844 764 7669

Dr: _____ Other contact numbers: _____

Out-of-town contact

Name: _____ Home/ work/ cell phone: _____

Email/ Home address: _____

Family

Name: _____ Home/ work/ cell phone: _____

Email/ Home address: _____

Friend/neighbour

Name: _____ Home/ work/ cell phone: _____

Email/ Home address: _____

Insurance agent/company

Agent's/company's name: _____ Phone: _____

Home and Car Policy numbers: _____

Home security system

Company's name: _____ Phone: _____

Locations of fire extinguishers: _____

Water valve location: _____

Utility company phone number: _____

Electrical panel location: _____

Utility company phone number: _____

Gas valve location: (Shut off only when authorities tell you to) _____

Utility company phone number: _____

Floor drain location (do not block with boxes or furniture): _____



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- Water – at least two litres of water per person per day; include small bottles that can be carried easily in case of an evacuation order
- Food that won't spoil, such as canned food, energy bars and dried foods (replace once a year)
- Manual can-opener
- Crank or battery-powered flashlight (and extra batteries). Replace batteries once a year
- Crank, battery-powered radio (and extra batteries)
- First aid kit
- Extra keys to your car and house
- Some cash in smaller bills
- A copy of your emergency plan and contact information
- Prescription medication
- Equipment for people with disabilities
- Food, water and medication for your pets or service animal

Recommended additional items

- Two additional litres of water per person per day for cooking and cleaning
- Candles and matches or lighter (place candles in deep, sturdy containers and do not burn unattended)
- Change of clothing and footwear for each household member
- Sleeping bag or warm blanket for each household member
- Toiletries
- Hand sanitizer
- Utensils
- Garbage bags
- Toilet paper
- Basic tools (hammer, pliers, wrench, screwdrivers, work gloves, dust mask, pocket knife)
- A whistle (in case you need to attract attention)
- Duct tape (to tape up windows, doors, air vents, etc.)

Emergency vehicle kit

- Blanket
- Candle in a deep can and matches
- Extra clothing and shoes
- First aid kit with seatbelt cutter
- Food that won't spoil (such as energy bars)
- List of contact numbers
- Small shovel, scraper and snowbrush
- Radio (crank or battery-powered). Replace batteries once a year.
- Flashlight (crank or battery-powered). Replace batteries once a year.
- Water
- Whistle
- Fire extinguisher
- Road maps
- Sand, salt or cat litter (non-clumping)
- Tow rope and jumper cables